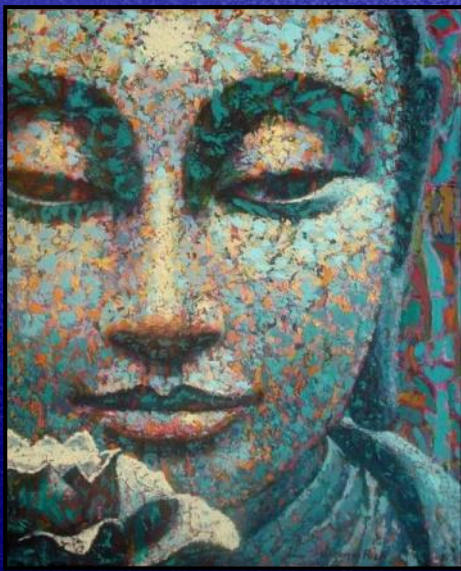


Pathways to Spirit Institute

Centre for Spiritual Development & Growth



Namaste – Newsletter

May 2019

2019 Taurus New Moon

*“In these changing times
the only investment worth
making - is in yourself.”
“The purpose of our lives
is to be happy”*

Dalai Lama



Inside this issue:

Taurus New Moon	1
Path of Progression	2
Prayer for Humanity	2
Spiritual Hunger	3
Inside Story	3
Living Intuitively	4
Taurus New Moon	5

**“When you truly
realize your worth,
you cannot help
but shine”**

Astrology Forecast for the 2019 Taurus New Moon - by Astrologer Kathy Biehl

Creature comforts come into focus under the 2019 Taurus New Moon. The event orients us to the physical experience and satisfaction of desires, here, now, stat! And likely has us running to them as a refuge. (Stress eating alert!)

Yet what's this? Could it be the tried and true is no longer fulfilling? So where do we turn now?

Taurus is the show-me sign. It takes life in with all the senses and values what's in front of or next to it, rather than some abstract philosophy or maybe-someday. It likes predictability, certainty, and reliability; it's not big on rushing or change.

These days, though, it is the playing field for an archaic children's game called Fruit Basket Upset. Taurus is ground zero for uncharacteristic volatility and radical shake-ups, with Uranus, a cosmic agent of unpredictable change, now firmly in the sign. He and the New Moon are both in Taurus for the first time in more than seven decades, and they're giving us a taste of the next seven years or so.

Dealing with the past is part of the groundwork. The 2019 Taurus New Moon delivers us full on into the practical and physical experience of pervasive structural and foundational excavation and renovation. They're a theme of the spring and summer as influences of order and transformation move back and forth across the doorway to the past. The New Moon is in the easy flow of a trine to that the doorway, the Moon's South Node in Capricorn (institutions, ancestral and tribal traditions, the way it's always been), which pulls in the companions who are working it over, Saturn (planet of karma and adulthood) and Pluto (lord of death, rebirth and hidden matters).

Our relationship to all of these enters a new phase with the 2019 Taurus New Moon. See if your stress reactions don't lead you into new territory. Maybe you head for old standbys – the couch and TV, chips or ice cream, your drink of choice – and slowly notice they don't really feel or taste good. Maybe your realizations are more about the energetics of situations, or the effects they have on your relationships, your finances, your creativity or things you value. This may be a slow dawning, or it may come on you with a flash.

No matter what you experience, you've got the stuff to address it and move ahead. The 2019 Taurus New Moon supports breaking habits and patterns and embracing new approaches and situations that further your needs and values and, most importantly, your own nurturing (the last one through the Moon's sextile to the North Node in Cancer).



Continues page - 5 -

The Path of Progression Course

Are you searching for answers in your Life? Do you feel like there is more to life than what you are seeing? Do you yearn for more peace, more balance, more joy, more happiness, and more spirituality in your life? Do you intuitively know that you have a purpose to fulfill in life but don't know which direction to go?

Are you asking yourself, "**Where Do I Begin?**" in your spiritual search?

If you seek a higher level of understanding, if you suspect there is a greater purpose for your life, to your journey on this planet, then join us for this intensive course.

The journey of self discovery is the most rewarding adventure anyone can embark on. We offer many classes and programs that can give you answers and help you in your spiritual expansion. However there is a "hidden" progression of knowledge in our classes that will really help you advance in your spiritual understanding.

By following this "Path of Progression" Intensive Course you are able to take all our classes in a specific order. Each class builds upon the last. Within a two (2) to four (4) months period you will reach a new depth of understanding about your Soul's Mission in this lifetime; and you will begin to transform your life and manifest your dreams.

If you are ready please give us a call or email us. We will build this life changing journey around your schedule. The Path of Progression is not for the faint-at-heart. We are looking for sincere students who are ready to make a commitment to their spiritual growth and want to be of service for humanity's evolution and transformation.

If this resonates with you...let's talk!

Bodhisattva Prayer for Humanity

When we read the ancient words below for the first time, they sent a course of energy through us from head to toe. We're honored to be able to share them with you.

This prayer was written by Shantideva, a Buddhist monk of the Mahayana tradition who lived around 700 AD. He was a devoted practitioner who authored the *Bodhicaryavatara* or Bodhisattva Way of Life.

It is said that His Holiness the Dalai Lama considers this text to be THE source for developing altruism in your character and the "Spirit of Awakening." It is also said that His Holiness the Dalai Lama **recites this prayer every morning** as part of his waking rituals. So, if you give it a try, you are in good company!

Bodhisattva Prayer for Humanity:

***May I be a guard for those who need protection
A guide for those on the path
A boat, a raft, a bridge for those who wish to cross the flood
May I be a lamp in the darkness
A resting place for the weary
A healing medicine for all who are sick
A vase of plenty, a tree of miracles
And for the boundless multitudes of living beings
May I bring sustenance and awakening
Enduring like the earth and sky
Until all beings are freed from sorrow
And all are awakened.***

Now, exhale and be still for a brief moment.

What speaks loudly in this prayer is that we are all in this together. We are alive thanks to our ancestors and by helping the people, plants, animals, and life in our environment, we show appreciation for existing in this world.



Namasté

(nah-mas-tay)

*My soul honors
your soul.
I honor the place in you
where the entire
universe resides.
I honor the light, love,
truth, beauty and peace
within you, because it
is also within me.
In sharing these things
we are united,
we are the same,
we are one.*



*The Key to Abundance
Join us in our monthly
Intenders Circle
Check our calendar
page at our website for
dates:
pathwaystospirit.net*

To Satisfy Spiritual Hunger - Meditate

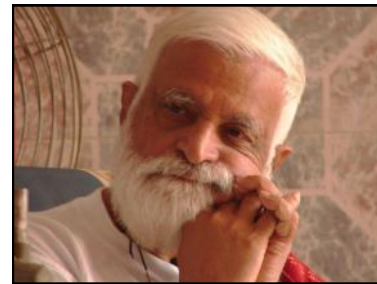
To satisfy spiritual hunger you need to meditate again & again

You cannot eat just once and be done with it because the body has its own nature. The same is with your mind. Entertainment is not enough once. You need entertainment again and again. Body needs nutrition again and again.



To satisfy hunger we eat food. We drink water to quench thirst. We take rest when we are tired. In the same way, spirituality is also like that. To satisfy spiritual hunger, we need to meditate again and again.

- Sri Sri -Ravi Shankar -



*"There is no you, no me.
We are one.
That is the truth.
Love brings people together.
So respect love.
Do not degrade it with anger,
violence or lust.
Love is worship."*

*~ Sri Amritananda Natha
Saraswati ("called Guruji"),
he was Devi Parvati's Teacher.*

About Witches, Pagans and Wicca

Nine common misconceptions other Witches and Pagans have about Traditional Wicca - By Chris Frey

Please keep in mind that this is just one European Gardnerian Witch's opinion. Others may see things differently.

- 1. Wicca is the name for the religion, whereas witchcraft is the practice.** No. Wicca is a mystery path that includes religious, spiritual and magical elements. There is a lot of practice in Wicca. As a matter of fact, Wicca is not a belief system at all. It's all about the doing.
- 2. You can practice Wicca without being a witch.** This is a strange one. Wicca is the Anglo-Saxon term for (and in fact the origin of the word) witch. *Wicca literally means witch!* Trust me, if witchcraft is in the name of the tradition, it's witchcraft you get. There is no Wicca without witchcraft. And why should there be? Gerald Gardner almost exclusively called it witchcraft, or the Craft, and its practitioners witches (or the Wicca). The differentiation between Wicca and witchcraft came much later (and is in many ways rubbish). If you want to practice a pagan religion without doing magic, great! There are a few others out there, that don't include witchcraft.
- 3. Traditional Wicca is dogmatic. You all practice the same old stuff.** Nope. Wicca has many different traditions, streams and lines. There is also no central authority dictating any kind of dogma. Every Coven is autonomous. Of course we tend to stick to the stuff we have learned and don't change major things without a good reason. If we changed everything, we could just as well practice another tradition. However, there is much flexibility and creativity in Wicca.
- 4. There is one correct Book of Shadows. It's sort of the Wiccan Bible.** No. Just as there are differences in Coven practice, there are many different versions of the Book of Shadows, depending on which of Gardner's High Priestesses you stem from. Also, every following generation has contributed and made changes to the Book of Shadows. Also, the Book of Shadows is not a Bible. It's more like a recipe book. When you have worked with it for a while and gained some experience, you start to make up your own stuff.
- 5. Traditional Wicca has been invented by Gerald Gardner.** Gardner claimed to be initiated by an already existing witch tradition. He may have created Wicca in the modern form that we know today, but the core, if you believe his own words, is older.
- 6. Gardner is practically your guru.** I admit, some treat him like a guru, just as they treat the Book of Shadows like a bible, but generally... no. We are well aware that Gardner was a flawed human being – as we all are – that just happened to bring Wicca to the eye of the public. Most initiated witches I know are absolutely opposed to the idea of having a guru figure in their religion.

Living Intuitively: Being Practical and Present as Intuitive

by Robyn M Fritz

To develop our innate intuitive and healing abilities we need to be as practical and present as we are in our daily lives. It helps by surrounding ourselves with things that remind us that we are making these abilities, or skillsets, part of our lives.

Most of us want to learn to use our innate intuitive and healing abilities, but we find it hard to incorporate them into our busy lives. The bad news is that we have to practice these abilities, or skillsets, before they become routine, just like any useful habit or ability. After all, we learn to drive a car by driving, not by gawking. The good news is that it's easier than we think, especially if we make these abilities real and present in our daily lives.

Finding Concrete Ways to Be Intuitive

We make them practical and concrete by surrounding ourselves with physical reminders that we are part of a living, aware universe in which these abilities are natural, real, and useful. These reminders assure us that we can plug into these abilities and become our best selves while reminding us that we are all valuable and necessary to the world.

We can find these reminders by simply walking our neighborhoods, looking online, or examining books and objects that intrigue and inspire us. As we evaluate our response to them, we choose what most attracts us; these things help us keep healthy energy flowing around us.

For example, as you walk by the ocean, you breathe in the clearing energy of sea salt. As you roam the neighborhood, you may see a flower and enjoy its fragrance, or a gnarly tree that intrigues you. As you shop, you may find rocks, crystals, statues, or other objects that attract and inspire you — seeing the pattern? As you find things that deepen your connection to the world, you connect more deeply to yourself, in particular to the intuitive and healing abilities that will enhance your life.

Choosing Physical Reminders to Connect to the World - and Yourself

You may find things like rocks or feathers or fallen tree branches in your wanderings, or you may buy things, but you don't have to make huge purchases. Find simple things that please you and boost you up. Here are some suggestions.

Lavender is a traditional clearing flower that is also great for peace and calm. You can grow it or buy fresh lavender in season and put it in bowls around the house to dry and keep year round. You can get sachets or eye pillows and culinary lavender to put in food or to make tea. The lavender essential oil can also be used in aromatherapy (be careful with essential oil around cats) or purchased as incense.

Rose is a high vibration flower; its essential oil is highly prized and extremely expensive. Like lavender, you can find it in many products, including soaps, sprays, and incense, or you dry it in the summer and keep year round.

Living plants can help clear the air and remind you that nature isn't far away—and is always waiting for you to play. Be careful of plants that are toxic to house pets and find easy ones to care for if you're a newbie.

Candles come in many forms. Experiment to see what works for you, from votives to elaborate tapers or decorated jars.

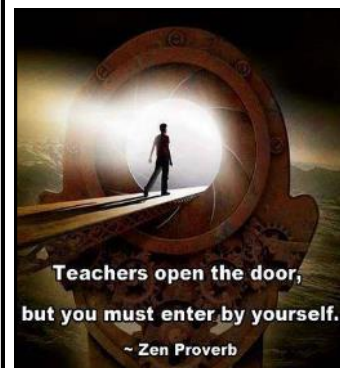
Himalayan salt lamps are carved from ancient sea salt in ancient mountains; they are great for clearing energy and cast welcoming, warm light in a room. You can find traditional amber lamps, but also purple, white, and grey, depending on where they are mined. They come in many forms, from carved chunks to bowls, geometric shapes, and even small USBs to insert in computers.

Crystals are lovely reminders of the beauty of the natural world and its power to support us. Shop in stores where the owners are sensitive to the well-being of their crystals, as the mining and storing processes can damage them energetically. Find ones that attract you by reading books with great photographs and descriptions of their properties.

Amethyst flower is a particular crystal that inspires respect for nature and helps you maintain your connection to it. These crystals are nature's art, reminding us that there is more to the world than we suspect, and we can explore it.

Photographs, pictures, artwork, even (or especially) children's artwork can be lovely reminders of the ties to family and the planet. Play with a camera or visit a museum: the possibilities are as big as your imagination!

Ready to start finding objects to support you as you develop your intuitive and healing skills? You'll be astonished—and grateful—at how much help it is to surround yourself with these practical reminders that boost body, mind, and spirit.



Teachers open the door,
but you must enter by yourself.

~ Zen Proverb

**A place where Knowing
& Consciousness thrive**

Pathways to Spirit Classes & Workshops:

Metaphysical Intensives
Spiritual Empowerment
Finding your Soul Mission
Spiritual Intuition
Development Series
The Hierarchy of Light
Angels & Archangels
Ascended - Masters
Meditations
Sacred Geometry Series
Crystal Magick
The Chakras
Astral Travel
Dragon Magick
Path of Progression
Pendulums 101
Protection & Boundaries

Intenders Circle

Ancient Wisdom Study Group

Vibrance & Relationship Coaching

Goddess Ritual and Celebrations

Healing Services:
Life Activations
Jikiden Reiki Healing
Energy Balancing
Chakra Balancing
Crystal Healing
Telepathic Healing

Special Services:
Emotional Cord Cutting
House Clearings

*As you start to walk out on
the way, the way appears.*

Rumi

2019 Taurus New Moon

The Saturn/Pluto combo is a formula for controlled metamorphosis, full of incentive, follow-through, and persistence that outpace the capabilities of your mortal mind.

They're at your disposal as well, though. Conscious motivation and gumption are within reach. The 2019 Taurus New Moon's ruler, Venus, goddess of love, money, and creativity, is collaborating with Mars, ruler of our drive. They're in a harmonious sextile, which opens doorways and opportunities. Since Mars is in chatty multi-tasking Gemini, some of those involve messages and speaking up – as well as coming at situations from more than one direction, or dealing with several at once.

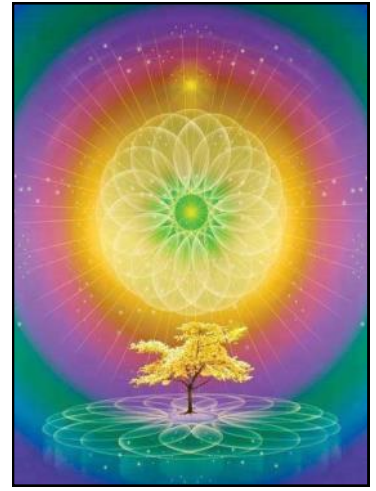
And some of that speaking up promises to be not merely bold, but also risk-taking to the point of disruptive. Venus is in Mars' sign Aries, fiery, feisty and impulsive, which has her in huntress mode. She's also sandwiched between two feminine asteroids that direct her desires and demands for their fulfillment: Vesta, guardian of the home fires, and Eris, goddess of discord.

The archetypal feminine is on the rise, as previous lunations have recently shown. Now she's getting louder and demanding proof, satisfaction, and that movie catchphrase, "Show me the money!"

Her wish list is growing larger, too. She's in an exact trine to bigger-is-better Jupiter in Sagittarius, which adds philosophical, bigger-picture overtones to her wants. The link helps her (and us) paint a brighter future, maintain optimism and find reasons for hope and laughter. The link also encourages values with a greater purpose (perhaps legal, legislative or international).

That possibility also comes through the 2019 Taurus New Moon's sextile to Neptune, Dreamweaver, illusionist, and font of compassion and higher love. Inspiration, meditation, and loving-kindness can be invoked to soften your physical experience, the ground you're cultivating and the structures of the past you are clearing and reworking. The link to Neptune may also inspire patience for and understanding of the processes and fresh starts the people around you are undergoing.

So sink into Taurus' here-and-now vibe and fully experience physicality. How does it feel to current-time you? What are you over? What might you reorganize or reorder? What more do you want? Let your concept of what's a possible balloon. Speak up. Say what you want and need. And while you're at it – what's that elephant in the room?



Check our website at www.Pathwaystospirit.net

Feel free to pass on this newsletter.

Check our Calendar page for Classes & Programs at www.pathwaystospirit.net

FREE HALF HOUR CONSULTATION

Contact us for a free half hour consultation regarding your path of personal and spiritual transformation and how we can be of service.

COPYRIGHT © 2018
PATHWAYS TO SPIRIT INSTITUTE



Devi and Dietmar Dombkowski are healers, metaphysical teachers & spiritual guides in the ancient Mystery School tradition. They have received special training and empowerments and teach classes and workshops sharing the ancient wisdom of the Mystery Schools which dates back to the earliest spiritual knowledge of this planet and beyond.



Spirit@Pathwaystospirit.net
www.pathwaystospirit.net

250.655.5254
Sidney, British Columbia