

Pathways to Spirit Institute

Centre for Spiritual Development & Growth



Namaste – Newsletter

September 2019

Astrology, Spirituality, and Wisdom for Life

*“In these changing times
the only investment worth
making - is in yourself.”
“The purpose of our lives
is to be happy”*

Dalai Lama



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**“When you truly
realize your worth,
you cannot help
but shine”**

By Michael O'Connor

We live in a conscious universe. This is an ancient knowing, and the pioneering advances of science have all but proven it with certainty, even though the very notion of it clashes with the materialistic core of its paradigm. This fact is the basis for how and why astrology works. Despite some lingering debate, the notion of a conscious universe is taking root in science itself.

Those astrology works beg two important questions: how and why? These questions do not simply point at the cultural style, mechanics, or rules of any given system. They refer to the founding principles. Holism is a useful keyword, but there are others. Holism encompasses the understanding of a grand continuum which not only includes the entire manifest universe but other, inner dimensions of existence, as well.

Spiritual doctrines, new and old, employ metaphor and allegory to explain complex, abstract, and often paradoxical principles. A famous one among these is that ‘we are made in the image of God.’ Interpreted literally, this metaphor has come to be regarded as an infantile anthropomorphic projection. Of course, the culprit is the word “image.” However, perhaps this very attitude is itself the result of literalism and biased interpretations. What if the authors were employing allegory? If so, what truths were they hoping to convey?

I have chosen the following 7 terms in an endeavor to convey a more accurate interpretation. These specific words were chosen based on principles I interpret to contribute to revealing how and why astrology works. Also, woven within the astrology is a practical philosophy of life. I will briefly elaborate upon each term and touch upon why I consider them to be relevant.

For the sake of upholding the allegorical theme let's say: God is... **1. Conscious, 2. Intelligent, 3. Intentional, 4. Purposeful, 5. Creative, 6. Cooperative, and 7. Loving**

1. Conscious

This term is complicated because it is commonly juxtaposed by the word, unconscious. The main issue is that these terms tend to be relegated to brain function. The brain itself is generally considered to be the most complex and sophisticated ‘thing’ in existence. Yet, we are led by the standard model of science to the notion that it is the result of a random process. This is not only the most improbable theory in human history; it may also qualify as the most impossible. In short, the brain is not so much the source of consciousness; it is the processor of it. What this implies is that we do not simply ‘have consciousness,’ we are the manifestation of it. We are not simply ‘in’ nature; we are an intrinsic expression of it.

2. Intelligent

As we examine the world to better understand it, we quickly learn that doing so requires intelligence, a sophisticated ability to process information. Intelligence includes yet transcends the acquisition of knowledge. We may say a library is a house of knowledge, but can we accurately say it is intelligent? A mode of action and expression is implied, and it includes the ability to think, calculate, comprehend, plan, envision, interpret, and design. Woven within its meaning is intellectual competence.

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Staying Happy in Chaotic Times

The world around us is changing rapidly now providing us with an environment for growth if we are able to keep our balance in the midst of it all. As you look around you, you see most people tending to get caught up in the current chaos, thus losing their emotional equilibrium. They're reacting to whatever is going on around them, while not realizing that they could be happy and drama-free regardless of the surrounding situation. They've overlooked the fact that happiness is a choice, that it need not be dependent on external circumstances.

Instead, most folks tend to go the other way and begin to set up protections or they begin to defend themselves against projected negative scenarios, not taking into consideration that by defending themselves they are drawing the very acts that frighten them into their experience. It works like this: if one is preparing for a future calamity or catastrophe, it's because they're envisioning, in their mind, being attacked. That vision of being attacked, or of having challenges, or of becoming sick, or of any fearful image that one would truly not want to be creating for oneself is a thought - and, via the Law of Attraction, just like any other thought one entertains, it is working its way up to the surface of their daily experience. They're unconsciously or unwittingly attracting the exact situation into their future that they're wanting to avoid, simply by defending themselves against it.

What, then, is the antidote to this kind of un-serving behavior? Simply put, it is trust; trust that everything is going to be alright; trust that our intentions will manifest as we direct them; trust that if we think positively, positive experiences will result; trust that the Highest Good will bring us all good things - safety, security, happiness, companionship and more - if we invoke It; and perhaps most importantly, trust that a higher power will come to our aid and guide us if we will but call it forth.

The folks who are having the greatest of challenges in these times are the ones who do not trust, or have faith, that the Universe (as well as the Law of Attraction) is doing everything It can to love us if we will let It. The trick is in the letting go of the frightful thoughts and letting ourselves be loved. And that takes trust.

**Whatever you put your attention on
that's what you're becoming.**



Namasté

(nah-mas-tay)

*My soul honors
your soul.
I honor the place in you
where the entire
universe resides.
I honor the light, love,
truth, beauty and peace
within you, because it
is also within me.
In sharing these things
we are united,
we are the same,
we are one.*



.....



*The Key to Abundance
Join us in our monthly
Intenders Circle
Check our calendar
page at our website for
dates:
pathwaystospirit.net*

.....

A large, colorful advertisement for a "PSYCHIC AND Spiritual Arts Fair". The background features a woman's face with intricate patterns and glowing stars. The text is in various colors and fonts, including "PSYCHIC" in large orange letters, "AND" in blue, and "Spiritual Arts Fair" in orange. The event is scheduled for Saturday, October 5, 2019, from 10 AM to 5 PM at the Mary Winspear Centre in Sidney, BC. Contact information is provided at the bottom: Tel. 250.655.5254 and spirit@pathwaystospirit.net.

A Word from Lee Ching

~ Ascended Master

That which is meant to be yours will come to you. Just as those of you who are aligned with the Highest Good will eventually experience your highest ideal, so shall your daily needs be met. You need never worry about your survival because there was a special mechanism put into place long ago which regulates and guarantees that everything you need will be there for you in the exact moment that you need it. Oftentimes it will not appear until the instant before it is needed, but you may be assured that, while you are waiting, you are being strengthened. As you learn to trust in this wondrous process, the obstacles and hardships of life fall by the wayside and are replaced by a serenity that knows no limit.

These times of great upheaval are truly gifts unto you. You are constantly surrounded by an environment that is conducive for bringing out your most fulfilling form of expression. Your ego, the part of you that is in service to yourself, is giving way to a much larger, grander you - the you that is in service to others. You are blossoming in all your glory, and it is this blossoming that you have always longed for. Be open, be available, and, in the meantime, be at peace. Your prayers and intentions are all being answered.



*"There is no you, no me.
We are one.
That is the truth.
Love brings people together.
So respect love.
Do not degrade it with anger,
violence or lust.
Love is worship."*

*~ Sri Amritananda Natha
Saraswati ("called Guruji"),
he was Devi Parvati's Teacher.*

Astrology, Spirituality, and Wisdom for Life

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With the deepening of intelligence, words like wisdom and genius may be added to the list. There is nothing random or arbitrary about intelligence, and it reveals intention.

3. Intention

Intention implies focus and determination. Intention implies a level of conscious awareness guided by a need, want, or desire of something attained, experienced, or created. The very act of directing one's mind and will towards something implies a co-creative process. It is said, 'the road to hell is paved by good intentions.' Yet, it may be that it is not the intention that causes suffering to self and others, rather it is the method and approach taken, especially when it interferes with the will, desires, and choices of others. Either way, intention includes a sense of purpose.

4. Purpose

The purpose is a word that takes our conscious, intelligent intentions to a level of action that reveals a broader vision and tends to be inclusive and meaningful. When our thoughts, choices, and actions are guided by a sense of purpose, we are strengthened by it. Purpose includes a process and a sense of contribution but is not strictly guided by final outcomes. Purpose implies resolve and commitment and includes a sense of creativity.

5. Creative

As we behold the natural world and the function, expression, and design of nature and life in general, it is quickly evident that it is the outcome of creative intelligence, intention, and purpose. Everything works remarkably well and has a function. So profound is the implication of the creative power and genius of existence that upon deeper reflection, beyond taking it for granted, we are moved to awe, the wonder of its sublime skill, scope, grandeur, attention to detail, infinite complexity and magnificence. Positively, we are inspired to appreciate and respect it deeply and to participate in like manner. Because there are others, our enthusiasm is challenged but ideally guided, by a spirit of cooperation.

6. Cooperation

As we behold, experience and engage in the creation, we also come to realize that creation is ordered such that all aspects of it cooperate, instinctively, by design. True, life includes the added complexity of drama, violence, and death, and our very mortality and instinct to survive tend to be affronted and frightened by this. Yet, these realities are the exception; a portion of existence and not its predominant expression. As human beings, this notion of cooperation extends into principles of politics and wisdom. These apply both to our engagement with the environment with one another and with society in general. As we endeavor to understand how to best cooperate successfully, where all involved experience a fair share of satisfaction, what emerges are principles of respect, trust, compatibility and, in terms of higher levels of satisfaction and civility, love.

7. Love

Love is something we naturally yearn to feel. The reason is simple: love feels good. The feeling of love is pleasurable, soothing, healing, reassuring, and fulfilling. It inspires confidence, inner peace, and feelings of happiness and joy. Once we feel love, we want more of it. In fact, we come to realize that not only is it special and important, without it living holds little meaning, but purpose or value, and no amount of material comfort or security can also replace it. Yet, there is another word that aligns closely with love, and that is beauty. While we may validly deem beauty to be a subjective perspective, the beauty I am referring to is that of what we both experience within when we feel love and what we see everywhere in nature, in creation.

How to Identify a Reincarnated Soul

By Dr. Carmen Harra

Is your departed loved one now a reincarnated soul?

Often we find ourselves willing to give anything for one more meeting with a dear departed one: we long to embrace our late parents, to kiss the partner who left our side too soon, or to hear the pitter-patter of a former pet running to greet us at the door. Often our wish comes true when the spirit reincarnates into a new body.

Energy never dies. It's transferred back and forth endlessly, taking many shapes and different dwellings. Once energy escapes an expired body, it seeks a new vessel. The soul that adored you can't wait to come back into your life, many times with a similar purpose. He or she might look different, but the same, unmistakable spirit will radiate forth.

Do you wonder if the soul of your loved one has taken on a new form? Reflect on these tell-tale signs to find out if they are a reincarnated soul:

1. They left before their time. If your loved one died suddenly or tragically, if they left unfinished business, or if you believe they passed before their proper time, their spirit will reincarnate as soon as possible. They will be reborn into the circle where they felt most loved, but also into situations that allow them to resolve what was left open.

2. Language. My cousin's grandmother was named Anna. A photo of her stood on a mantle in the living room. When my cousin's baby girl was starting to say her first words, she pointed to the photo, mumbled the name "Anna," then pointed to herself. The baby seemed to know who was in that photo without ever having been told. I've heard of many cases in which parents are astonished when their children suddenly say new words or sing in a foreign language, without any indication of where they might've learned such skills. The reincarnated soul may use the same figures of speech or vocabulary as the person who passed on.

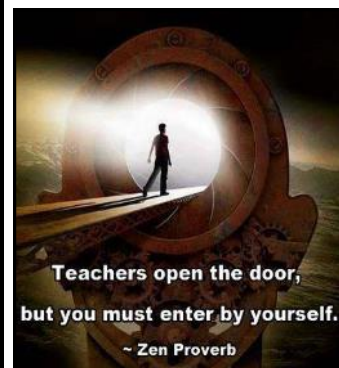
3. Mannerisms. An easy way to detect a reincarnated soul is the presence of similar gestures such as body language, laugh, physical expressions, etc. Personality traits may also carry over, like stubbornness, boldness, curiosity, or other qualities that were distinct to the deceased person. The new being will appear to behave like the person who's gone, regardless of its age or gender. People around you may also feel the comfort and recollection of a soul they've known before, pointing out uncanny resemblances to the one who's passed.

4. Physical characteristics. It's given that children will look like their parents and grandparents, but one giveaway of a reincarnated soul is being born with a unique physical feature that only the person who passed on possessed, such as a birthmark or mole. My good friend Debby was deeply affected when her stepfather died. She remarked that he had a birthmark on his leg. When Debbie had a child years later, her boy was born with a birthmark identical to her stepdad's! This defied logic, as her stepfather was not biologically related to her or her son. Debbie believed her stepfather's spirit wanted to announce his return through the reappearance of this physical mark.

5. Their eyes. They say that the eyes are the windows to the soul, and for a good reason! When someone can't speak or speaks a different language, we absorb their emotions and understand their intentions just by looking into their eyes. If you look at a child or animal and swell up with a familiar feeling, you may be looking into the eyes of a soul you've known for a long time.

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*If we are in service to the light,
the light will be in service to us.*



A place where Knowing & Consciousness thrive

**Pathways to Spirit
Classes & Workshops:**

*Metaphysical Intensives
Spiritual Empowerment
Finding your Soul Mission
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Coaching**

**Goddess Ritual
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Chakra Balancing
Crystal Healing
Telepathic Healing*

Special Services:
*Emotional Cord Cutting
House Clearings*

*As you start to walk out on
the way, the way appears.
Rumi*

How to Identify a Reincarnated Soul

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6. Synchronicity. Take note of divine timing, as it's never a coincidence. The day, month, and year of every birth are picked carefully and hold tremendous meaning. For example, a baby may be born in your family on the same day of the year that a loved one died, signaling that the soul chose the day of its passing to become new again.

7. Nostalgia. A big clue that your loved one has rematerialized is that you're overcome with a sense of nostalgia; this being brought to memory almost overwhelmingly the places, times, events, scents, even sounds you associate with the person who passed. You will feel an incredible pull towards the more profound moments you shared with the one who departed, which can be bittersweet. But this out-of-time experience is a sure sign of the manifestation of an old soul.

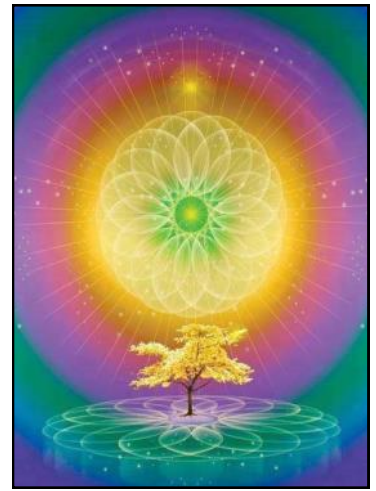
8. Patterns. I had a client who was devastated when her mother suddenly passed away in a car accident. "Not to worry," I told her, "she'll come back as your daughter." Several years later, my client was overjoyed when she gave birth to a girl. The child was the new embodiment of her grandmother's spirit—she was even involved in a car accident early in life! But the girl emerged unharmed, ending the pattern her soul had carried over from its past life. A reincarnated soul may be born into similar circumstances or have to live through events parallel with its prior life. This serves as an opportunity to break the cycle and close out old karma.

9. They finally fill the void. You may feel a persistent void since your loved one left that nothing, not even the endless love of others, has been able to fill. That's because that inner space can only be replenished by the unique presence of the one who's gone. Perhaps the greatest indication that you've been reunited with your loved one is that the painful gap has finally closed. Instead of lingering emptiness, you feel a profound sense of fulfillment that mends all wounds. This satisfying sentiment means the soul has rejoined your life.

The people who love us don't want to leave us, but when they have to, their spirits make it a point to return. Pay attention to the signs above to recognize and welcome home a reincarnated soul.



Devi and Dietmar Dombkowski are healers, metaphysical teachers & spiritual guides in the ancient Mystery School tradition. They have received special training and empowerments and teach classes and workshops sharing the ancient wisdom of the Mystery Schools which dates back to the earliest spiritual knowledge of this planet and beyond.



Check our website at www.Pathwaystospirit.net

Feel free to pass on this newsletter.

Check our Calendar page for Classes & Programs at www.pathwaystospirit.net

FREE HALF HOUR CONSULTATION

Contact us for a free half hour consultation regarding your path of personal and spiritual transformation and how we can be of service.

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